

Hidden Hazards

Pictured Hazards	Non Pictured Hazards
Heavy lifting	Harassment /sexual harassment
Box cutter	Biological hazards (viruses, bacteria, mould)
Meat slicer	Robbery/violence (angry customers, co-workers)
Cleaning chemicals/unmarked chemicals	
Repetitive motion	
Bending or reaching	
Standing a lot	
Stress	

Overview of Hazards, Potential Effect With Possible Solutions

Hazard	Potential Effect	Possible Solution
	Safety	
Box cutters	Cuts	*Use with care *Store safely *always cut away from your body * store sharps separately *cut on flat surface * clean the knife *wear gloves
Box crushers	Body injuries	*Contact WorkSafe or Union representative * Get proper training
Slices and powered cutting equipment	Cuts	* Keep in good condition *Use with care *Store safely
Deli slicers	Cuts	*Check WCB Regs *Keep guards in place *Get proper training *Turn off when cleaning, Un plug machine *use cut resistant gloves
Shopping Carts	Body injuries	*Limit number of carts pushed at one time *Wear gloves to protect that your fingers don't get crushed in handles.
Cars (in parking lot)	Body injuries	*Wear reflective gear to ensure you are seen by drivers
	Chemicals	
Cleaning products	Some vapours cause headaches, dizziness, and other health problems; Contact with skin could cause irritation, rashes	*Use safer products *Wear the right gloves to protect you.
Cleaning products	Some vapours cause headaches, dizziness, and other health problems; Contact with skin could cause irritation, rashes, chemical burns	*Use safer products *Wear the right gloves to protect hands * Ensure good ventilation
	Other	
Violence, harassment, bullying, discrimination (from customers, co-workers)	Stress, emotion/physical trauma	*Have enough security *Schedule at least 2 people per shift Use barriers, where money is handled *Get customer service training *Rotate jobs *Keep a diary to describe harassment *Report harassment to employer to employer or trusted adult
Checkout counter	Muscle, tendon or nerve injuries	*Make sure check stands are designed to allow for comfortable work/standing etc *Take regular breaks *Do stretching and flexibility exercises
Bending, reaching, stretching and lifting	Muscle strains and sprains	*Use machinery where possible *Keep heavy items on lower shelves *Get proper training *Rotate jobs *Do stretching and flexibility exercises *Rotate jobs *Get help from co-workers
Cold temperature (cold storage areas, freezers etc)	Frostbite	*Wear appropriate work clothing *Limit time working in cold areas